

#### **A Guide for Health Care Professionals**

# **Focus on Living Centre**

## Supporting patients to live well Part of St Oswald's Hospice DAY SERVICES

## What happens at the Focus on Living Centre?

- ✓ personalised, holistic, rehabilitative approach to help patients to live well with their condition for as long as possible
- focus on overall wellbeing physical health, mental health, social and emotional/ spiritual needs
- delivered by holistic care and therapeutic practitioners, plus medical experts
- ✓ advice, support and information to help patients self-manage and self-care

#### Who can be referred?

- ✓ adult patients from Newcastle, Northumberland, North Tyneside and Gateshead
- ✓ must be living with a progressive, life-limiting condition considered to be palliative (i.e. non-curative) – from as soon as diagnosed to those living with a palliative diagnosis for months/years

### How do I refer a patient?

Visit www.stoswaldsuk.org/referrals-to-adult-services or scan this QR code to take you directly to our referrals webpage:



Email completed referral form to: necne.referrals@nhs.net

#### **Any Questions?**



Contact the team on **0191 285 0063** 





Email: enquiries@stoswaldsuk.org

