



St Oswald's  
Hospice



# St Oswald's Hospice About us

Information for patients and families

Quality time for everyone

# Our Story

**We are St Oswald's and we're a hospice  
We're much more than most people  
think we are.**

**We are a place for living.  
Our arms are open and inviting.  
We don't focus on being morbid or sad,  
our hope is for everyone to make the most  
of the life they have.**

**We are the warmest of welcomes,  
a hand to hold when you've lost your way,  
joy and laughter on a good day.  
When hearts are heavy, we're a listening ear,  
practical support when the road ahead isn't clear.**

**Amazing things happen right here.  
Support and kindness abound,  
nature and peace are all around.**

**Growing and learning every day.  
Experts in care, working together and  
improving lives for the better.**

**We believe in quality time for everyone,  
making memories and moments to share.  
If death is to come, we provide dignity in end  
of life care.**

**We're a home-from-home where families can stay,  
respite for those struggling day-by-day.  
We are a haven in the North East,  
an open-minded community, a comforting space,  
come in to our safe place.**

# About St Oswald's Hospice

St Oswald's Hospice is a local charitable hospice helping people who have life-limiting conditions to make the most of life, no matter how long that life is. Rooted in the North East, the charity has supported local people and their families for over 35 years.

Specialist and expert care is free of charge to babies, children, young people, adults and their families.

## What can you expect from us?

We are a welcoming place that offers quality time for everyone. Our expert team will take time to understand you as a person, and offer support to those who are close to you. Providing a safe place is our priority, where you can feel relaxed and comfortable knowing you are being expertly cared for.

Throughout your care with us you'll come in to contact with consultants, doctors, nurses, social workers, spiritual care, bereavement support workers, physiotherapists, occupational therapists and complementary therapists.

St Oswald's Hospice is rated outstanding for care by the Care Quality Commission.



**“ It isn't a place that focuses on dying, it's about living. The care is above and beyond anything I expected, and there is such a nice atmosphere amongst staff. ”**

# Services for adults

Adults with incurable conditions including Cancer, Motor Neurone Disease, Multiple Sclerosis, Lymphoedema, and many other conditions, come to the Hospice for care and support. Loved ones are supported too, as we understand that families and carers face many challenges of their own.

## Adult services include:

- An Adult Inpatient Service, helping to manage pain and symptoms as well as offering specialist, expert and compassionate end of life care.
- Carers and Family Support, including specialist advice from social workers, spiritual care and bereavement support teams who support the patient and family's emotional and psychological needs.



- A Lymphoedema Service, treating people who are living with the often misdiagnosed or undiagnosed condition. This includes people who were born with lymphoedema and those who have developed it later in life due to their condition.
- Focus on Living Centre, offering one-to-one support and group sessions for peer support.
- An Ambulatory Care Service, where patients come during the day who need planned treatments such as blood transfusions and infusions.
- Complementary therapy treatments, which aim to benefit the patients physically, emotionally and psychologically. Treatments are offered to carers too.
- Outreach, providing care at home or closer to home.



# Services for babies, children and young adults

St Oswald's Hospice is one of only a few hospices in England caring for both adults and children. When caring for a baby, child or young adult, we care for their whole family too.

## Services include:

- A specialist short break service for babies, children and young adults aged 0-25 years with progressive, life-shortening conditions. The service is nurse-led meaning that care is provided for all a child's medical needs, so families can relax knowing that their child is in safe hands.
- Services to young adults includes a social group for people aged 18-25 years to spend time with peers.
- An outpatient clinic for young people aged 16-35 years with a complex, life-shortening condition.
- When needed, St Oswald's Hospice also provide compassionate end of life care for babies, children and young adults.
- As well as a Children and Young Adults Service, children facing the serious illness or death of a family member who is cared for by the Hospice are offered bereavement support before and after the death of someone special to them.





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St Oswald's is our lifeline and the staff are the only people we trust to look after our son. He has such complex needs it's not possible for us to just ask a grandparent or friend to step in, so it's only when he is at St Oswald's that our family gets a break.

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To find out more about how you might benefit from St Oswald's Hospice's services please visit [www.stoswaldsuk.org](http://www.stoswaldsuk.org)

On our website you can also watch **'our story'** video to find out more about us and the support that we can offer you.

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**[www.stoswaldsuk.org](http://www.stoswaldsuk.org)**

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