



St Oswald's
Hospice

Writing from our senses

Explanation:

Being able to describe effectively is a key skill that we should all try to develop. These practical exercises can help to develop those writing skills.

Exercise:

We are rather visual creatures and so there is a natural tendency to describe the world around us in terms of what we see.

This exercise is to encourage us to consider our other senses and to describe what is heard, smelt, felt and tasted.

Please choose a setting and describe it using a suitable variety of your senses.

Some examples of settings could be as follows:

- A busy farmers market on a Saturday morning
- A bustling promenade on a summers day
- A shopping centre just before Christmas
- A bakers shop
- A riding stables
- Your grandmothers kitchen
- A busy railway station
- A football match or pop concert

Please feel free to share your writing with fionaclark@stoswaldsuk.org

