



Dementia Support from St Oswald's Admiral Nurse



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The specialist dementia support that families need

At St Oswald's we know that dementia is a life-limiting condition. We know that a person with dementia has palliative care needs. We recognise the challenges faced by families and we want to support people with dementia to live well and at the end of life, to die with dignity.

We are working closely with national charity Dementia UK to offer the services of an Admiral Nurse, a dedicated nurse leading on the care of people with palliative care needs who are living with dementia and their families.

This leaflet explains more about what an Admiral Nurse is and how you can access specialist palliative care advice from St Oswald's Hospice.

What is an Admiral Nurse?

Admiral Nurses are Specialist Dementia Nurses with experience of working with people with dementia, their families and carers.

We use a range of clinical skills and interventions to improve the quality of life of the carer, the person with dementia and the wider family.



Who is the Admiral Nurse at St Oswald's?

We are at the half way point of this project and we will soon begin to recruit to appoint a new admiral nurse to take us into the second part of this project.

St Oswald's will be working together with Admiral UK and other regional partners to support carers and people with dementia in the later stages of the condition by working together with families to provide:

- One to one support.
- Expert guidance.
- Practical solutions for day to day living.
- Best practice advice to other healthcare professionals involved in the person's care to make sure care is co-ordinated for the person living with dementia.





Referral to St Oswald's Admiral Nurse

Referrals can be made when people are experiencing adverse symptoms associated with their dementia, and those who are approaching the end of life.

When referring in, patients are assessed in the location they are currently cared for, and recommendations are made.

Patients don't often need the specialist inpatient service at St Oswald's as we know a change of setting can be particularly disruptive and distressing, so our service aims to improve symptom relief where patients are currently being cared for where possible.

Referrals can be made by healthcare professionals involved in the care of the person living with dementia, such as GPs, district nurses, specialist palliative care nurses or other health and social care professionals.

**If you have any queries about the service,
or how to refer in, please email us on
enquiries@stoswaldsuk.org**

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