



OF FUNDRAISING IDEAS

Do something great for
St Oswald's Hospice

0191 246 9123 fundraising@stoswaldsuk.org

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www.stoswaldsuk.org

All money raised in Sunderland and South Tyneside will support our Children and Young Adults Service.
St Oswald's Hospice, Regent Avenue, Gosforth, NE3 1EE. Registered Charity Number 503386.

A

Adrenaline Challenge

An abseil, bungee jump, sky dive or zipwire is the ultimate thrill for an adrenaline junkie

Aerobics

Afternoon tea

Alphabet party

Host a party themed around the first letter of your name, ask guests to bring a dish or dress up based on the letter.

Arm wrestle

Art exhibition

Arts and crafts evening

Auction



abc



D

Darts tournament

Dinner party

Disco

Dog walking donations

E

Easter Egg Hunt

Eating competition

eBay

Clear out your clutter and start the new year afresh by selling any items on ebay.

Egg & spoon race



B

Bag pack

Bake off

Bean bath

It's a fundraising favourite and doesn't just have to be baked beans. Mix it up with some butter beans, kidney beans and broad beans.

BBQ

Beard shaving

Bingo

Book sale

Bowling/Bowls Tournament

Bring and buy sale



C

Cake sale

Car boot sale

Car wash

Celebrations (donations in lieu of gifts)

Christmas-themed events

Take advantage of the season of goodwill with a festive fundraiser. You could serve mulled wine, sing carols or watch a Christmas classic movie.

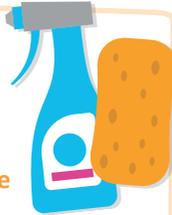
Cinema screening

Cocktail night

Coffee morning

Comedy night

Cycling challenge



F

Face painting competition

Fancy dress day

Fashion show

Fishing competition

Football tournament

Get your friends together for a sporting showdown. You can throw in mini competitions like penalty shootouts and keepie uppies.



G

Games Night

Grab your X-Box, Wii or Playstation control pads and get set for the ultimate battle to be crowned King or Queen gamer. Or go old school and get competitive with some classic board games.

Garden party

Girls Night In

Give something up

Golf day

Good deeds for donations

Help out a neighbour with a task like gardening, window cleaning or doing shopping in return for a donation.

Guess the...game



L

Ladies or Lads Night in Laser Quest

Leap Year

Make the most of your extra 24 hours during a Leap Year by dedicating it to raising money for charity.

Line dancing

Loose change collection

M



Mad Hatter's Tea Party

Marathon events

This isn't for the faint-hearted but it's a sure-fire way to gather support – as well as get fit!

Murder mystery night

Music event



H



Halloween party

Head shave

Hiking challenge

Hour of pay

Work for an hour for free by donating your hourly rate.

J



James Bond Night

Jazz night

Jewellery making

Get crafty and sell your creations at a table top or craft sale.

Jumble Sale

K



Karaoke night

Karate session

Kayaking

Knitting Club

N



Nature trail

New Year's Eve Celebration

No Make-Up Selfie / Natural Week

Non-uniform day



I

International Evening/ International Day

It's a Knockout

O

Obstacle course

Office Collection Day

Office FUNdraising

Gather your colleagues together for some alternative sporting fun including elastic band firing, fastest tie-tying contests, most spins in an office chair in 30 seconds or organise a bake sale or dress up/down day.

Open Garden / Day



P

Paintballing

Pamper evening

Personal challenge

Pin the tail on the...



Q

Quick Cricket

Quick Wins

You can run a sweepstake or a tuck shop for those quick and easy fundraising ideas.

Quidditch

Quiz night



R

Race night

Raffle

Running challenge



S

Skydiving

Sponsored events

From a sponsored silence to skip-a-thon, you can turn any challenge into a sponsored event! Just tell your friends and family and encourage them to support your efforts.

Sports Day

Street party

Super heroes day

Swear-box

Swimming challenge



T

Table Tennis competition

Tea party

Themed dinner party

Choose a country or cuisine and theme your gathering. From food and drinks to décor, invite family and friends to get in the spirit of the traditional costume of your country.

Tombola

Tuck shop

Tug of war



U

University Challenge

Unwanted gift sale



V

Valentine's Day

Variety show

Vintage sale



W

Walk to work

Waxing

Wine tasting

World record attempt

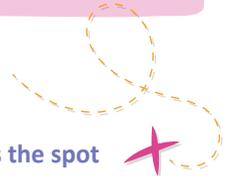
Be a record breaker by coming up with an inventive way make your mark!



X

X marks the spot

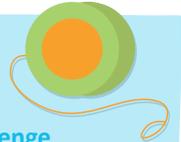
X-Factor theme show



Y

Yoga Challenge

Yo-yo competition



Z

Zumba

Zodiac evening

